


April Lunch Menu *Meals Subject to Change

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | Weekly Average |
|--|--|---|---|--|---|
| 2 Spring Break | 3 Spring Break | 4 Spring Break  | 5 Spring Break | 6 Spring Break | Calories Saturated Fat NA |
| 9 Choice A Mini Corn Dogs Tator Tots Fruit Cup Broccoli Choice B Pancakes, Syrup Veggie Sausage Patty Tator Tots Fruit Cup Broccoli | 10 Cheese Pizza Cucumbers Cherry Tomatoes Chilled Pineapple | 11 Pizza Dippers w/ Marinara Apple Slices Bean Salad | 12 Choice A Shells w/ Meat Sauce Romaine Salad Pear Happy Birthday Cupcake Choice B Shells w/ Marinara Sauce Shredded Cheese Romaine Salad Pear Happy Birthday Cupcake | 13 *Ham & Cheese Sandwich Carrot & Zucchini Coins Chilled Fruit No Vegetarian Menu | Calories 595.34 kcal Saturated Fat 9.0% Sat Fat NA 938.34 mg NA |
| 16 Choice A Ravioli Cherry Tomatoes Celery Chilled Pears Pretzel Stick Choice B Mini Cheese Pizza Bagels Cherry Tomatoes Celery Chilled Pears | 17 Choice A Hamburger on Bun Tator Tots Carrot Coins Apple Slices Choice B Veggie Burger on Bun Tator Tots Carrot Coins Apple Slices | 18 Choice A Chicken Nuggets Corn Bean Salad Fresh Orange Choice B Grilled Cheese Sandwich Tator Tots Bean Salad Fresh Orange | 19 Choice A Chicken Teriyaki on Rice Broccoli Carrots Grapes Giant Goldfish Graham Cracker Choice B Sun Butter Sandwich Broccoli Carrots Grapes Giant Goldfish Graham Cracker | 20 Turkey & Cheese Sandwich Zucchini Coins Cherry Tomatoes Chilled Fruit No Vegetarian Menu | Calories 583.81 kcal Saturated Fat 8.0% Sat Fat NA 1019.59mg NA |
| 23 Cheese Quesadilla Black Bean Salsa Broccoli Fruit Cocktail | 24 Cheese Pizza Romaine Salad Cherry Tomatoes Chilled Peaches | 25 Topsy Turvy Yogurt Pancakes Syrup Apple Slices Carrot Sticks Celery Sticks | 26 Choice A Chicken & Gravy Mashed Potatoes Fresh Pear Celery Sticks Giant Goldfish Graham Cracker Happy Birthday Cupcake Choice B Southwest Veggie Bowl Fresh Pear Celery Sticks Giant Goldfish Graham Cracker Happy Birthday Cupcake | 27 <i>No school for Dimensions. Dimensions Extensions is open.</i> | Calories 623.47kcal Saturated Fat 7.00% NA 855.12mg |
| 30 Choice A Hot Dog on MG Bun Corn Celery Sticks Chilled Peaches Choice B Grilled Cheese Tator Tots Celery Sticks Chilled Peaches | Skim White, Skim Chocolate, and 1% White Milk available daily. A variety of low-fat or fat-free condiments (ranch, French, mustard, ketchup, BBQ, honey mustard) are available daily. | All breads, tortillas, pancakes, pastas etc. are whole grain rich. *Contains Pork | | | |

Middle School Lunch Options & Pricing

Middle School hot lunch options are the same as the elementary hot lunch options.

In addition to hot lunch middle school students have the options to order either Ala Carte or a Salad, Wrap, or Sub.



Ala Carte

Price: \$2.80

Monday: Garlic Cheese Bread

Tuesday: Chicken Nuggets

Wednesday: Grilled Cheese

Thursday: Mini Corn Dogs

Friday: Mini Cheese Bagel Pizzas

Salad, Wraps & Subs

Price: \$2.80

Salad options: Garden, Chopped, and Caesar

Wrap options: Ham, Turkey, Vegetarian, and Caesar

Sub options: Ham, Turkey, Italian, and Combo