

School Food Is Cool Food!

February Lunch Menu *Meals Subject to Change



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Average
			1 Choice A Soft Shell Taco Beef, Shredded Cheese Black Bean Salsa Apple Slices Giant Goldfish Graham Cracker Choice B Bean & Cheese Burrito Black Bean Salsa Carrots Apple Slices Giant Goldfish Graham Cracker	2 Ham & Cheese Sandwich Carrots & Cucumbers Chilled Fruit No Vegetarian Menu	Calories 805.39 Saturated Fat 9.0% NA 1051.17mg
5 Choice A Mini Corn Dogs Baked Beans Pineapple Tidbits Fresh Broccoli Choice B Pizza Dippers w/ Marinara Pineapple Tidbits Fresh Broccoli Hummus	6 Topsy Turvy French Toast Sticks Tator Tots Syrup Orange Cucumbers Slices	7 Choice A Hamburger on Bun Tator Tots Carrot Coins Apple Slices Choice B Veggie Burger on Bun Tator Tots Carrot Coins Apple Slices	8 Cheese Quesadilla Salsa Carrot Sticks Chilled Fruit	9 No School for Dimensions DX is open.	Calories 586.48 Saturated Fat 9.00% NA 966.95mg
12 Choice A Hot Dog on Bun Tator Tots Celery Sticks Chilled Fruit Choice B Grilled Cheese Sandwich Tator Tots Celery Sticks Chilled Fruit	13 Cheese Pizza Carrots Coins Cucumbers Slices Diced Peaches	14 Choice A Chicken Nuggets WG Pretzel Stick Orange Wedges Romaine Salad w/ tomatoes Choice B String Cheese & Crackers Orange Wedges Romaine Salad w/ tomatoes	15 Choice A Soft Shell Taco Beef, Shredded Cheese Black Bean Salsa Fresh Pear Giant Goldfish Graham Cracker Choice B Bean & Cheese Burrito Black Bean Salsa Carrot Sticks Fresh Pear Giant Goldfish Graham Cracker	16 Munchable Lunch String Cheese Yogurt Dinner Roll Grapes Carrots Coins No Vegetarian Menu	Calories 587.29 Saturated Fat 9.00% NA 906.59mg
19 Choice A Mini Corn Dogs Tator Tots Chilled Fruit Fresh Broccoli Choice B Pancakes Veggie Sausage Patty Tator Tots Chilled Fruit Fresh Broccoli	20 Cheese Pizza Celery Sticks Cherry Tomatoes Pineapple Tidbits	21 Pizza Dippers w/ Marinara Apple Slices Bean Salad Parent Teacher Conferences 1:30 Release	22 Parent Teacher Conferences 11:00 Release	23 Parent Teacher Conferences. No school for students. DX is open	Calories Saturated Fat
26 Choice A Ravioli Cherry Tomatoes Celery Chilled Pears Pretzel Stick Choice B Mini Cheese Pizza Bagels Cherry Tomatoes Celery Chilled Pears	27 Choice A Hamburger on Bun Tator Tots Carrot Coins Apple Slices Choice B Veggie Burger on Bun Tator Tots Carrot Coins Apple Slices	28 Choice A WG Chicken Nuggets Corn Bean Salad Orange Choice B Grilled Cheese Tator Tots Bean Salad Orange	Skim White, Skim Chocolate, and 1% White Milk available daily. A variety of low-fat or fat-free condiments (ranch, French, mustard, ketchup, BBQ, honey mustard) are available daily. All breads, tortillas, pancakes, pastas etc. are whole grain rich.	*Contains Pork	

Middle School Lunch Options & Pricing

Middle School hot lunch options are the same as the elementary hot lunch options.

In addition to hot lunch middle school students have the options to order either Ala Carte or a Salad, Wrap, or Sub.



Ala Carte

Price: \$2.80

Monday: Garlic Cheese Bread

Tuesday: Chicken Nuggets

Wednesday: Grilled Cheese

Thursday: Mini Corn Dogs

Friday: Mini Cheese Bagel Pizzas

Salad, Wraps & Subs

Price: \$2.80

Salad options: Garden, Chopped, and Caesar

Wrap options: Ham, Turkey, Vegetarian, and Caesar

Sub options: Ham, Turkey, Italian, and Combo